

# RENT The Miller Center



McNaughton Lounge

We have 3 rooms available for rentals with many amenities, including kitchen access. Miller Center has ample parking and is wheelchair accessible. Call or go online for the contract. [www.pekinparkdistrict.org/rentals](http://www.pekinparkdistrict.org/rentals)

- BIRTHDAY PARTIES
- LUNCHEONS
- FAMILY GATHERINGS
- WEDDINGS
- BRIDAL SHOWERS
- MEETINGS



Rooms A & B

Reflections, the Miller Center newsletter is proudly sponsored by:



Liberty Village of Pekin



# Reflections... JULY 2024



**PEKIN PARK FOUNDATION**

## BICENTENNIAL BASH & PAVILION PORCH PARTY

INFLATABLES, BALLOONS, FIREWORKS, LIVE MUSIC, BEER, SELTZERS, FOOD TRUCKS, & FAMILY

**FREE ADMISSION**  
Drinks start at \$5

**Saturday, July 6**  
3:00 pm - 9:30 pm

Mineral Springs Park Pavilion

featuring

Marquee Sponsors:

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Celebrate Pekin's rich history at the Pekin Park Foundation's Bicentennial Bash, a spectacular event set to take place on July 6, 2024. Sponsored by the Pekin Park Foundation, this grand celebration promises an unforgettable experience for residents and visitors alike at the Pavilion on the Lagoon and along Pavilion Drive in Mineral Springs Park. Activities run 3 p.m. – 9:30 p.m. Admission is free.

# Miller Center Major Sponsors

- 50+ News & Views
- Bright Star Care
- Busey Bank
- Charter Senior Living of Pekin
- CEFCU
- Courtyard Estates of Green Valley
- Elmore Financial Services
- Farmington Village
- Golden Tours
- Health Alliance
- Humana
- John 3:16
- Kyles's Care at Home
- Liberty Village of Pekin, Pekin Manor & Pekin Estates
- OSF Healthcare
- Preston-Hanley Funeral Home
- United Way of Pekin
- Villas of Holly Brook Pekin
- Rescued Heart Animal Hospital

## Miller Center Senior Transportation Service

**Monday - Friday \* 8:00 - 4:00 \* 309.346.5210**

- Doctor Appointments
- Banks
- Hair Appointments
- Grocery Stores
- Miller Center
- and more!



Miller Center Transportation is partially funded by The United Way of Pekin.

*Miller Center engages adults 50+ in active life through active living! Drop by the center to meet with friends and make new ones! Feel active and youthful when participating in the various activities and events offered here. There is always a friendly face to greet you as you enter. Once inside, join friends for a class or one of many games; express yourself through woodcarving and crafts; maintain a healthy body, mind and spirit through exercise classes; or hop on the Miller Center bus for an adventurous day trip. At the Miller Center you will ENJOY YOUR AGE!*

## NEW DAY SENIOR SERVICES

Center for Youth & Family Solutions offers an outreach program called **New Day Senior Services** to help identify available services and resources for you.

Services are free and available to those 60 years and older.

Some information they can provide is: **Benefit Access Applications, Home Delivered Meals, Legal Services, In-Home Counseling & MORE!**



Megan will be at Miller Center on the 2nd Monday of each month at noon or you can call her at 309-323-6568.

# 2024 Digital Literacy



Through a partnership with the Heart of Illinois Adult Literacy Center and a grant from the AARP Foundation Digital Skills Ready@50+ we are able to offer computer classes (free of charge) to our 50+ population. The July and August class schedule is in the lobby.

**Call Miller Center to register! 309-346-5210**

<b>All Things Zoom</b>	<b>Mon. July 8 @ 9:30</b>	<b>Wed. July 10 @ 1:30</b>
Curious why Zoom has become everyone's go-to video conferencing software? This lecture will go over how to use Zoom to chat with friends and family and take virtual classes with Senior Planet! You'll learn about useful Zoom features, whether you're connecting with an iOS, Android or Windows device. The lecture will also go over security considerations and give tips on how to look your best during a video chat.		
<b>eBay &amp; PayPal</b>	<b>Mon. July 15 @ 9:30</b>	<b>Wed. July 17 @ 1:30</b>
This lecture provides an overview of the popular auction website eBay and the pioneer online payment service PayPal. You'll learn the basics of buying and selling on eBay, as well as some important concepts, like seller feedback scores. This lecture will also present a basic overview of some of PayPal's most popular features.		
<b>Google Workspace</b>	<b>Mon. July 22 @ 9:30</b>	<b>Wed. July 24 @ 1:30</b>
Curious about the free tools from Google? Learn about some of Google's most popular productivity tools that are for personal use, as well as work-related ones. This lecture will introduce Doc, Sheets, Slides, Photos and Drive. We'll explore some practical and creative uses and demonstrate how to make the most of Google's many free templates.		
<b>An Introduction to Hosting on Zoom</b>	<b>Mon. July 29 @ 9:30</b>	<b>Wed. July 31 @ 1:30</b>
Networking happens over Zoom. Learn to host your own meetings to bring people together. Thinking about hosting your own Zoom meeting? In this lecture, we'll go over what you need to start your first meeting, as well as some hosting tips to make it a success. After this overview lecture, you'll be ready for our hands-on workshops "Getting Started with Zoom" & "Hosting a Zoom Meeting".		



## Get creative at Miller Center!

We have a variety of opportunities to be creative! Drop in and check them out!

### Woodcarver Group

Tuesday & Thursday mornings at 8:30am. The group meets in the Wood Shop and spends the morning working on projects. If you're interested in woodworking come check out this talented group! The activity fee is \$3.

### Crafts & Conversation

The Craft Room opens at 9:30 on Wednesdays. Come in and craft for the day! Janet has some crafts planned but you can also do your own thing!

Wednesdays 9:30 - 2:00 \* \$3

### Quilters

We have lots of space available for you to work on large projects. Bring your equipment and spend the morning quilting!  
Fridays at 9:00 \* \$3

## LAPIDARY

We meet Thursday evenings at 6:00 in the woodshop. Enter through the west doors. The activity fee is \$4 and your supplies are included. Come check us out!

## Garden Club

JULY 13\*  
8:00am

Roth Daylilly Farm  
Jack's for lunch

\*note date change

AUG 5  
6:00pm

Smith House Farm  
tour & dinner

SEPT 2  
6:00pm

Meeting @Miller Center  
East Peoria Extention

Contact Rene for more information on these trips or Garden Club  
espresso4you2@yahoo.com

## Bottle Collector Group



The Bottle Collector Group meets at the Miller Center on the 3rd Wednesday of each month. Our meeting is July 17 at 7:00pm. Join us this month and see what we're about!

# The Power of Age Expo 2024

CHANGING THE CONVERSATION ON AGING  
HOT TOPICS • LOCAL VENDORS • FREE LUNCH

THE 4TH TUESDAY OF EACH MONTH

Each Expo has a scheduled speaker and a lunch sponsor as well as multiple local agencies on site to spotlight their services. The doors open at 10:30am. Lunch is served while you listen to the speaker and there is time to check out the vendors and ask questions.

We require advance registration as seating is limited.  
Call or stop by to register!

July 4, 2023

6:00pm

Fireworks at dusk



Due to construction within the stadium, there will be no ticketing for general admission. General admission seating as well as designated VIP seating for our sponsors will be available in the Memorial Arena parking lot on a first-come, first-served basis.

Bring your chairs or blankets to sit on the grass within the park, limited bleacher seating also available in the Memorial Area parking lot. No alcohol or coolers will be allowed into the parking lot.

July 23

"Downsizing"

Presented by: Shannon Fonner  
& Lisa Friedrich

Lunch is sponsored by:



Aug 27

"Investment Presentation"

Presented by: CEFCU

Lunch is sponsored by:

**CEFCU**

# GOLDEN TOURS



Golden Tours and Miller Center have partnered for 5 Ultimate Daytrips this year! Below are the next 2, we have books and flyers in the lobby with all the trips listed. These trips leave from Miller Center with a fun 'send-off' each time!

If you have questions regarding the trips or would like to make reservations please call Tracy Ann Drill @ 309-369-3171.

## Mystery Day Trip

Tuesday, July 30, 2024 \* 7:00am - 7:30pm

Come enjoy the First Miller Center Mystery DayTrip! It'll be the 16th DayTrip for Golden Tours with the Miller Center. You're going to love the AWE-Some Adventure that this DayTrip will bring! It will have all your favorites and a great tour showing you something unique. Of course there will be a delicious meal and it wouldn't be complete without some shopping! Gather your friends and join us. We will have something for everyone!

Includes: Luxury Motor Coach, professional driver, Tracy & John as your tour hosts, *Miller Center pick-up location*, activities on the coach, any admission fees & a premium lunch!  
This all inclusive trip is \$175 per person

## Oktoberfest at Starved Rock Lodge

Monday, October 21, 2024 \* 8:30am - 6:00pm

A celebration of Germany! Food, beer, wine, and music. Join the fun! Sample German wine and beer in your souvenir stein. Enjoy a buffet of German food and listen to authentic German music by the Duseldorfers German Band. You can even dance the polka if you want! We'll see the beautiful fall colors as we drive to Starved Rock State Park. You'll also have time to visit the wonderful gift shop at The Lodge. You won't want to miss this great celebration!

Includes: Luxury Motor Coach, Professional Driver, Tracy & John as your Tour Hosts, Miller Center Pick-Up Location, Activities On The Coach, Souvenir Stein, Entertainment & A Premium Lunch!  
This all inclusive trip is \$160 per person



# Games & Fun

Drop in for games and fun throughout the week! Dates and times are listed below!

## BINGO

9:30 every Thursday  
3 cards = \$3  
5 cards = \$4



## Breakfast BINGO

9:00 breakfast  
9:30 BINGO \$5

Tuesday, July 9

Please register in advance



**Don Sarff**  
Sales Representative  
(309) 713-5359

Cindy Womack  
Medicare Representative  
309.435.9284



Thank you!



Mon & Wed @ 12:30 \$3 activity fee

Dartball is a game similar to baseball, played with darts and a board. Come in to watch or learn to play ~ we're always looking for more people!

## MOVIE TIME

### UNFROSTED

Tuesday, July 16

1:00pm \* \$3  
NO REGISTRATION NECESSARY

We'll have popcorn, iced tea and coffee!



♠♥♣♦♠♥♣♦♠♥♣♦♠♥♣♦  
**DOUBLE PINOCHLE**

Mondays @ 4:00

♠♥♣♦♠♥♣♦♠♥♣♦♠♥♣♦  
**PINOCHLE**

Tuesdays @ 12:30

**HAND & FOOT**

Thursdays @ 12:30

**EUCHRE**

Fridays @ 12:30



On Mondays at 12:30 it's GAME DAY! There are a few tables who play 1500, a card game similar to rummy. You can come play with that group or bring friends and play your own game!  
Activity fee for Game Day is \$3

## POPCORN

We pop fresh popcorn all day on Fridays! Come in for a free bag and check out Miller Center!



## Get moving at Miller Center!

We have several activities that will get you moving and having fun! All are drop in so you can just show up!

### Square Dances

The Heart of Illinois Bachelor & Bachelorettes Club hold a square dance at Miller Center on the 2nd & 4th Tuesdays of the month.

**\*please note, dances are on Tuesdays from June to September**

July 9                      July 23  
Hawaiian Night        Melon Night  
(ice cream)

*\*Dances are \$7 per person / no partner needed*

### Exercise w/ Ann

This is a low impact, chair exercise class led by Ann. Ann plans different activities for each class to get you moving- sometimes she has games or a guest. She's even gone on Exercise Field Trips! Not only will you exercise, you'll make friends and have fun too!

**Mon, Wed & Fri**  
**9:00 & 10:15    \$3**

### Line Dancing at Miller Center

#### LESSONS ON THURSDAYS

1:00 Beginner Lessons

2:00 High Beginner Lessons

\*come at 12:30 for Learn the Steps Lessons are \$4.

Pay for one class- stay for both!

#### MONTHLY DANCES PARTIES

7:00 -10:00pm \* \$7/ per person

July 13	Sept 14	Nov 9
Aug 10	Oct 12	Dec 14

coffee \* popcorn \* tea provided



The Walking Club meets at Miller Center on Tuesday and Thursday mornings at 10:00. Our members walk at different speeds so you don't have to worry about your pace. Walking with a group increases your accountability and you'll meet some new people! There is an annual membership fee of \$30 and you'll receive a free gift with your registration.

# WHAT'S HAPPENING?

## Miller Center Senior Transportation Fundraisers

Walk for a Ride is our annual fundraiser for Miller Center's Senior Transportation program. This will take place in September. In the months leading up to **Walk for a Ride** we hold various mini-fundraisers. We have had 4 restaurant fundraisers and have raised over \$500! We appreciate your support!

There are a couple more scheduled in the upcoming months.

### July 9

**Panera Bread in East Peoria** is hosting our fundraiser. 25% of sales will be donated to our Senior Transportation Program! Show the flyer on your phone or use code: **FUND4U**



### August 7

**Jimbo's Jumbo in Pekin** is hosting our fundraiser. They will donate 10% of sales that day! Pick up a flyer at Miller Center.



## Our fundraising extends to the Pekin Farmers Market!



**Thursdays**  
**June 6 - Aug 29**  
**3:30 - 6:30**

This year we are bringing **Young's Popcorn Heaven** to the Pekin Farmers Market! Miller Center will be selling a variety of flavors cash & carry. If you can't make it to the Pekin Farmers Market we'll have it up at Miller Center as well!

As always, when the vegetables are ready we'll have some at the Miller Center table. These are available for a donation which also helps the Miller Center Senior Transportation Program.

Thank you to all who help support our Senior Transportation Program, it is greatly appreciated and we couldn't do it without your help!

# Monday

**1**  
 9:00 Exercise w/ Ann  
 10:15 Exercise w/ Ann  
 12:30 Game Day  
 12:30 Dartball  
 12:30 Mah Jongg  
 4:00 Double Pinochle  
~~6:00 Garden Club~~

**8**  
 9:00 Exercise w/ Ann  
**9:30 Digital Literacy**  
 10:15 Exercise w/ Ann  
 12:30 Game Day  
 12:30 Dartball  
 12:30 Mah Jongg  
 4:00 Double Pinochle

**15**  
 9:00 Exercise w/ Ann  
**9:30 Digital Literacy**  
 10:15 Exercise w/ Ann  
 12:30 Game Day  
 12:30 Dartball  
 12:30 Mah Jongg  
 4:00 Double Pinochle

**22**  
 9:00 Exercise w/ Ann  
**9:30 Digital Literacy**  
 10:15 Exercise w/ Ann  
 12:30 Game Day  
 12:30 Dartball  
 12:30 Mah Jongg  
 4:00 Double Pinochle

**29**  
 9:00 Exercise w/ Ann  
**9:30 Digital Literacy**  
 10:15 Exercise w/ Ann  
 12:30 Game Day  
 12:30 Dartball  
 12:30 Mah Jongg  
 4:00 Double Pinochle

# Tuesday

**2**  
 8:30 Pool  
 8:30 Wood Carvers  
 10:00 Walking Club  
 12:30 Pinochle

**9**  
 8:30 Pool  
 8:30 Wood Carvers  
**9:00 Breakfast BINGO**  
 10:00 Walking Club  
 12:30 Pinochle  
**7:00 Square Dance**

**16**  
 8:30 Pool  
 8:30 Wood Carvers  
 10:00 Walking Club  
 12:30 Pinochle  
**1:30 Movie!**

**23**  
 8:30 Pool  
 8:30 Wood Carvers  
~~10:00 Walking Club~~  
 12:30 Pinochle  
**7:00 Square Dance**  
**Power of Age Expo**  
**10:30-12:00**

**30**  
 8:30 Pool  
 8:30 Wood Carvers  
 10:00 Walking Club  
 12:30 Pinochle

# Wednesday

**3**  
 8:30 Pool  
 9:00 Exercise w/ Ann  
 9:30 Crafts & Conversation  
 10:15 Exercise w/ Ann  
 12:30 Dartball

**10**  
 8:30 Pool  
 9:00 Exercise w/ Ann  
 9:30 Crafts & Conversation  
 10:15 Exercise w/ Ann  
 12:30 Dartball  
**1:30 Digital Literacy**

**17 Thrift Shop Trip**  
 8:30 Pool  
 9:00 Exercise w/ Ann  
 9:30 Crafts & Conversation  
 10:15 Exercise w/ Ann  
 12:30 Dartball  
**1:30 Digital Literacy**  
**1:30 Book Club**  
**7:00 Bottle Collectors**

**24**  
 8:30 Pool  
 9:00 Exercise w/ Ann  
 9:30 Crafts & Conversation  
 10:15 Exercise w/ Ann  
 12:30 Dartball  
**1:30 Digital Literacy**

**31**  
 8:30 Pool  
 9:00 Exercise w/ Ann  
 9:30 Crafts & Conversation  
 10:15 Exercise w/ Ann  
 12:30 Dartball  
**1:30 Digital Literacy**

# Thursday

**4**  



**11**  
 8:30 Wood Carvers  
 9:30 BINGO  
 10:00 Walking Club  
 12:30 Hand & Foot  
 12:30 Line Dance Learn the Steps  
 1:00 Beginner Line Dance Lessons  
 1:00 Miller Melodies  
 2:00 High Beginner Line Dance  
 6:00 Lapidary  
**Pekin Farmers Market**


**18**  
 8:30 Wood Carvers  
 9:30 BINGO  
 10:00 Walking Club  
 12:30 Hand & Foot  
 12:30 Line Dance Learn the Steps  
 1:00 Beginner Line Dance Lessons  
 1:00 Miller Melodies  
 2:00 High Beginner Line Dance  
 6:00 Lapidary  
**Pekin Farmers Market**


**25**  
 8:30 Wood Carvers  
 9:30 BINGO  
 10:00 Walking Club  
 12:30 Hand & Foot  
 12:30 Line Dance Learn the Steps  
 1:00 Beginner Line Dance Lessons  
 1:00 Miller Melodies  
 2:00 High Beginner Line Dance  
 6:00 Lapidary  
**Pekin Farmers Market**




# Friday

**5**  
 8:30 Pool  
 9:00 Exercise w/ Ann  
 9:00 Quilting Group  
 10:15 Exercise w/ Ann  
 12:30 Euchre  


**12**  
 8:30 Pool  
 9:00 Exercise w/ Ann  
 9:00 Quilting Group  
 10:15 Exercise w/ Ann  
 12:30 Euchre  


**19**  
 8:30 Pool  
 9:00 Exercise w/ Ann  
 9:00 Quilting Group  
 10:15 Exercise w/ Ann  
 12:30 Euchre  


**26**  
 8:30 Pool  
 9:00 Exercise w/ Ann  
 9:00 Quilting Group  
 10:15 Exercise w/ Ann  
 12:30 Euchre  


# Sat/Sun

**6**  
  
**Pekin Park District  
 Foundation Bicentennial  
 Bash & Pavilion Porch  
 Party  
 3:00 - 9:30**


**7**

**13**  
**Line Dance Party**  
**7-10PM**

**14**

**20**  


**21**

**27**  


**28**