

# RENT The Miller Center



We have 3 rooms available for rentals with many amenities, including kitchen access. Miller Center has ample parking and is wheelchair accessible. Call or go online for the contract. [www.pekinparkdistrict.org/rentals](http://www.pekinparkdistrict.org/rentals)

- BIRTHDAY PARTIES
- LUNCHEONS
- FAMILY GATHERINGS
- WEDDINGS
- BRIDAL SHOWERS
- MEETINGS



Reflections, the Miller Center newsletter is proudly sponsored by:



Liberty Village of Pekin



# Reflections... OCTOBER 2024



FRESH LOCAL HARVEST

**PEKIN**  
*Farmers Market*

Oct. 10

3:30 - 6:30

It's our last farmers market of the year! Come check out your favorite vendors and their fall goodies!



# Halloween **FUN**

WITH CHARTER SENIOR LIVING OF PEKIN AND MILLER CENTER



Thursday,  
October 31

**9:00: BINGO & BREAKFAST**

**10:45: COSTUME CONTEST**

**11:15: SNACKS & FUN**



Join us for a morning of Halloween FUN sponsored by Charter Senior Living of Pekin! This event is free but we need to know how many ghosts and goblins will be participating, please call to register!



More information on page 4



Charter  
SENIOR LIVING

# Miller Center Major Sponsors

- 50 + News & View
- BrightStar Care
- Busey Bank
- Charter Senior Living
- CEFCU
- Sarff Insurance
- Farmington Village
- Golden Tours
- Health Alliace
- ICPR
- John 3:16
- Kyles Care at Home
- Liberty Village of Pekin, Pekin Manor & Pekin Estates
- OSF Healthcare
- Preston-Hanley Funeral Home
- Springfield Clinic
- United Way of Pekin
- Villas of Holly Brook Pekin

## Miller Center Senior Transportation Service

**Monday - Friday \* 8:00 - 4:00 \* 309.346.5210**

- Doctor Appointments
- Banks
- Hair Appointments
- Grocery Stores
- Miller Center
- and more!



Miller Center Transportation is partially funded by The United Way of Pekin.

*Miller Center engages adults 50+ in active life through active living! Drop by the center to meet with friends and make new ones! Feel active and youthful when participating in the various activities and events offered here. There is always a friendly face to greet you as you enter. Once inside, join friends for a class or one of many games; express yourself through woodcarving and crafts; maintain a healthy body, mind and spirit through exercise classes; or hop on the Miller Center bus for an adventurous day trip. At the Miller Center you will ENJOY YOUR AGE!*

### NEW DAY SENIOR SERVICES

Center for Youth & Family Solutions offers an outreach program called **New Day Senior Services** to help identify available services and resources for you.

Services are free and available to those 60 years and older.

Some information they can provide is: **Benefit Access Applications, Home Delivered Meals, Legal Services, In-Home Counseling & MORE!**



Megan will be at Miller Center on the 2nd Monday of each month at noon or you can call her at 309-323-6568.

# 2024 Digital Literacy<sup>10</sup>



Through a partnership with the Heart of Illinois Adult Literacy Center and a grant from the AARP Foundation Digital Skills Ready@50+ we are able to offer computer classes (free of charge) to our 50+ population.

**Call Miller Cente to register! 309-346-5210**

### Getting Started with PayPal

**Mon. Oct. 7 @ 9:30**

**Wed. Oct. 9 @ 1:30**

During this hands-on workshop, you'll sign up for PayPal using the browser and learn how to link a credit card or bank account to your PayPal account. You'll also review the security features that PayPal uses to ensure the safety of your online payments. Please note that you will need a mobile phone number and an email address to create a PayPal account.

### Getting Started with Venmo

**Mon. Oct. 14 @ 9:30**

**Wed. Oct. 16 @ 1:30**

Still writing personal checks? Paying high ATM fees to withdraw cash? Venmo is a popular peer-to-peer payment system that allows you to send and receive money. During this hands-on workshop you'll sign up for Venmo & learn how to link a credit card or bank account to your Venmo account so you can instantly send and receive electronic payments.

**\*Prerequisite:** To participate in this workshop, you must bring your own smartphone, along with your Apple ID & Password (iPhone) or Gmail address and password (Android phones).

### Getting Started with Zoom

**Mon. Oct. 21 @ 9:30**

**Wed. Oct. 23 @ 1:30**

Ready to start hosting your own Zoom meetings? Come to this hands-on workshop and sign up for a free, basic Zoom account. Additionally, you'll learn how to schedule a meeting and share the details with the people you want to invite. This workshop will walk through the steps of using Zoom in a web browser.

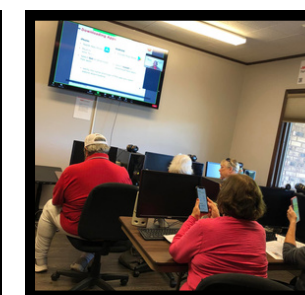
**\*Prerequisite:** Please note that you need an email address to create a Zoom account. Please come ready with your email username and password so that you can access your email during the workshop.

### Getting to Know Your Smartphone

**Mon. Oct. 28 @ 9:30**

**Wed. Oct. 30 @ 1:30**

Don't let your smartphone's settings stump you! Learn the basics in this workshop. During this hands-on workshop, we'll explore some of the common features of smartphones. You'll learn ways to interact with the touch screen, how to access important controls, and how to search for specific settings. We'll also cover some tips and best practices for the securing and maintaining your device.



# Get creative at Miller Center!

We have a variety of opportunities to be creative! Drop in and check them out!

## Quilting at Miller Center

Fridays at 9:00 \* \$3

We have lots of space available for you to work on large projects, bring your equipment and spend the morning quilting! Our friends also make Linus Blankets (fleece blankets for children in the hospital) and you are welcome to come make those too!

## Garden Club

OCT 7

Fall gathering at a member's home

NOV 4

Christmas project at Miller Center

DEC 17

Christmas dinner & gift exchange  
\*location TBA

Contact Renè for more information  
espresso4you2@yahoo.com



## Crafts & Conversation Wednesdays 9:30 - 2:00 \* \$3

The Craft Room opens at 9:30 on Wednesdays. Come in and craft for the day! Janet has some crafts planned but you can also do your own thing!

**\*NEW\*** The last Wednesday of each month is a scrapbooking & card making day! We have been gifted paper, stickers, and tools. You are welcome to come in and work on paper projects!

## LAPIDARY

Thursdays at 6:00 \* \$4

Lapidary is the art of polishing and cutting stones. We have very talented leaders and the necessary equipment to make some beautiful items. We meet in the Woodshop, enter through the west doors. Your supplies are included.

## WOODCARVERS

Tues & Thurs @ 8:30 \* \$3

Miller Center Wood Carvers meet on Tuesday & Thursday mornings at 8:30. Come on in and meet a very talented group of carvers. They are always willing to help out with your designs or give a little tutorial!

# The Power of Age Expo 2024

CHANGING THE CONVERSATION ON AGING  
HOT TOPICS • LOCAL VENDORS • FREE LUNCH

THE 4TH TUESDAY OF EACH MONTH

Each Expo has a scheduled speaker and a lunch sponsor as well as multiple local agencies on site to spotlight their services. The doors open at 10:30am. Lunch is served while you listen to the speaker and there is time to check out the vendors and ask questions.

We require advance registration as seating is limited.  
Call or stop by to register!

October 22

“Seniors and Cannabis”

Presented by:  
nuEra of Pekin



Lunch is sponsored by:  
nuEra of Pekin

November 26

“Medicare Advantage VS Medicare Supplement”

Presented by:  
Sherry Gordon-Harris

Lunch is sponsored by:



## AARP Safe Driver Class

When you take the AARP Smart Driver™ course, you could be eligible for a multi-year discount on your auto insurance. Plus safer driving can save you more than just money. The course teaches proven driving techniques to help keep you and your loved ones safe on the road



October 28 & 29  
8:30 - 12:30



Call Miller Center to register!

### How do ghosts predict the future?

They check their horror-scope.



# GOLDEN TOURS DAY TRIPS



Golden Tours and Miller Center have partnered for 5 Ultimate Daytrips this year! Below are the next 2, we have books and flyers in the lobby with all the trips listed. These trips leave from Miller Center with a fun 'send-off' each time!

If you have questions regarding the trips or would like to make reservations please call Tracy Ann Drill @ 309-369-3171.

## Oktoberfest at Starved Rock Lodge

Monday, October 21, 2024 \* 8:30am - 6:00pm

A celebration of Germany! Food, beer, wine, and music. Join the fun! Sample German wine and beer in your souvenir stein. Enjoy a buffet of German food and listen to authentic German music by the Duseldorfers German Band. You can even dance the polka if you want! We'll see the beautiful fall colors as we drive to Starved Rock State Park. You'll also have time to visit the wonderful gift shop at The Lodge. You won't want to miss this great celebration!

Includes: Luxury Motor Coach, Professional Driver, Tracy as your Tour Host, Miller Center Pick-Up Location, Activities On The Coach, Souvenir Stein, Entertainment & A Premium Lunch!  
This all inclusive trip is \$160 per person



## Christkindlmarket in Aurora, IL

Thursday, December 5, 2024 \* 8:30am - 6:00pm

The Christkindlmarket unites cherished German and European traditions with international flair and local charm! The Christkindlmarket is well-known for its vendors' high quality gifts and food, holiday cheer, and for being the ideal place for friends and families to make unique memories. Come join us in Aurora as we shop for those one-of-a-kind gifts. Relax in the Timber Tent and enjoy a Stuffed Gourmet Pretzel, German soup, Pierogies, Crepes, Baked Cheese, Belgian fries, Belgian Hot Chocolate and so much more!

Includes: Luxury Motor Coach, Professional Driver, Tracy as your Tour Host, Miller Center Pick-Up Location, Activities On The Coach, Souvenir Stein, Entertainment & A Premium Lunch!  
This all inclusive trip is \$145 per person



# GAMES & FUN *Drop in for games and fun throughout the week!*

♦ **DOUBLE PINOCHLE** **HAND & FOOT** ♦  
♣ Mondays @ 4:00 Thursdays @ 12:30 ♣  
♥ **PINOCHLE** **EUCHRE** ♥  
♠ Tuesdays @ 12:30 Fridays @ 12:30 ♠

**POOL AT MILLER CENTER (BILLIARDS)**  
*The pool table is open on Tuesdays, Wednesdays and Fridays at 8:30.*  
activity fee \$1

**Popcorn Fridays!**  
Come in for a bag of fresh popcorn!



**BINGO**

Every Thursday at 9:30

3 cards for \$3 or 5 cards for \$4

Thank you to our sponsors!



**Don Sarff**  
Sales Representative  
(309) 713-5359

Cindy Womack  
Medicare Representative  
309.435.9284

## Breakfast BINGO

Tuesday, October 8

9:00 Breakfast  
9:30 BINGO (5 cards)

\$5

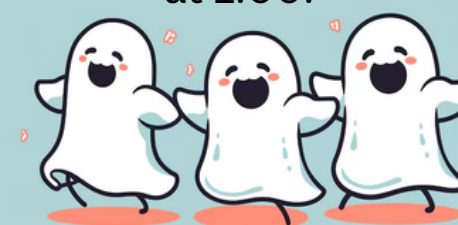


Call Miller Center to register in advance 309-241-3901



## Miller Melodies

We are always "listening" for new members! If you'd like to sing with us, stop in on a Thursday afternoon at 1:00.



What's a skeleton's favorite instrument?

The trom-bone.



## Movie Time



Oct. 8 @ 1:00 Activity fee:\$3  
drop in- no need to register in advance

# MOVE! *Get fit an any level!*



The Walking Club meets at Miller Center on Tuesday and Thursday mornings at 10:00. Our members walk at different speeds so you don't have to worry about your pace. There is an annual membership fee of \$30 (and you'll receive a free gift with your registration) but you can check us out at no charge!  
**Come walk with us!**

## Square Dances

The Heart of Illinois Bachelor & Bachelorettes Club hold a square dance at Miller Center on the 2nd & 4th Thursdays of the month.

**Oct. 10**  
God Bless America

**Oct. 24**  
Halloween Dance

### Exercise w/ Ann

**Mon, Wed & Fri 9:00 & 10:15**

This is a low impact, chair exercise class led by Ann. Ann plans different activities for each class to get you moving- sometimes she has games or a guest. She's even gone on Exercise Field Trips! Not only will you exercise, you'll make friends and have fun too!



*Rockin* with Ruby!



This class is so much fun! Ruby leads chair dancing - or you can get up and dance- with some great music. Ruby will be here **Oct. 25 at 10:00**, there is *no Exercise with Ann at 10:15*.



Activity fee: \$3

## Line Dance Lessons

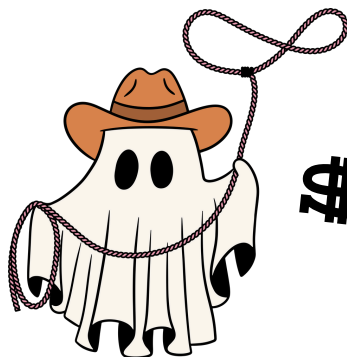
**\$4**

12:30 LEARN THE STEPS

1:00 BEGINNER LESSONS

2:00 HIGH BEGINNERS LESSONS

**COME FOR ONE - STAY FOR ALL!**



# HERE'S WHAT'S HAPPENING



## Halloween **FUN**

WITH CHARTER SENIOR LIVING OF PEKIN AND MILLER CENTER

October 31  
9:00am

**9:00: BINGO & BREAKFAST**  
DONUTS \* FRUIT \* 5 CARDS

FREE TODAY BUT YOU MUST REGISTER IN ADVANCE

**10:45: COSTUME CONTEST**  
MOST CREATIVE \* FUNNIEST  
BEST PAIR OR DUO

WEAR YOUR BEST COSTUME, WE ARE HAVING A CONTEST! THERE WILL BE A WINNER FOR EACH CATEGORY!

**THANK YOU**

**11:15: SNACKS & FUN**

CHARCUTERIE BOARD  
PHOTO BOOTH \* GAMES & PRIZES

HAVE SOME SNACKS, STRIKE A POSE & HAVE FUN!



Charter  
SENIOR LIVING

Join us for a morning of Halloween FUN sponsored by Charter Senior Living of Pekin! This event is free but we need to know how many ghosts and goblins will be participating, please call to register!



## MONTHLY PARTIES!

Miller Center hosts 2 parties a month! One is a Euchre party and the other is a Line Dance party! They are the same night each month from 7:00 -10:00pm.

**October 5**

**November 2**

**December 7**

### Euchre Party

Come play cards in the cozy McNaughton Lounge.  
\*Admission is \$3 per person at the door  
\*Popcorn, coffee & tea provided



### Line Dance Party

We hold a Line Dance Party once a month! Come practice the dances you learned in class, or put in a request! All levels & ages welcome!  
\*Admission is \$7 per person at the door  
\*Popcorn, coffee & tea provided



# Monday

# Tuesday

# Wednesday

# Thursday

# Friday

# Sat/Sun

	<p>1</p> <p>8:30 Pool 8:30 Wood Carvers <b>9:00 Fit &amp; Strong</b> <b>9:30 Matter of Balance</b> 10:00 Walking Club 12:30 Pinochle <b>1:00 Paint Day</b></p>	<p>2</p> <p>8:30 Pool 9:00 Exercise w/ Ann 9:30 Crafts &amp; Conversation 10:15 Exercise w/ Ann 12:30 Dartball <b>1:30 Digital Literacy</b></p>
<p>7</p> <p>9:00 Exercise w/ Ann <b>9:30 Digital Literacy</b> 10:15 Exercise w/ Ann 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 4:00 Double Pinochle</p>	<p>8</p> <p>8:30 Pool 8:30 Wood Carvers <b>9:00 Breakfast BINGO</b> <del>9:00 Fit &amp; Strong</del> <b>9:30 Matter of Balance</b> 10:00 Walking Club 12:30 Pinochle <b>1:00 Movie</b></p>	<p>9</p>  <p>8:30 Pool 9:00 Exercise w/ Ann 9:30 Crafts &amp; Conversation 10:15 Exercise w/ Ann 12:30 Dartball <b>1:30 Digital Literacy</b> <b>2:00 Alzheimer Support Group</b></p>
<p>14</p> <p>9:00 Exercise w/ Ann <b>9:30 Digital Literacy</b>  10:15 Exercise w/ Ann <b>12:00 New Day Senior Svcs</b> 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 4:00 Double Pinochle</p>	<p>15</p> <p>8:30 Pool 8:30 Wood Carvers <b>9:00 Fit &amp; Strong</b> <b>9:30 Matter of Balance</b> 10:00 Walking Club 12:30 Pinochle</p>	<p>16</p> <p><b>Thrift Store Trip</b></p> <p>8:30 Pool 9:00 Exercise w/ Ann 9:30 Crafts &amp; Conversation 10:15 Exercise w/ Ann 12:30 Dartball <b>1:30 Digital Literacy</b> <b>7:00 Bottle Collectors</b></p>
<p>21</p> <p>9:00 Exercise w/ Ann <b>9:30 Digital Literacy</b> 10:15 Exercise w/ Ann 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 4:00 Double Pinochle</p>	<p>22</p> <p><b>Power of Age Expo</b></p> <p>8:30 Pool 8:30 Wood Carvers <del>9:00 Fit &amp; Strong</del> <del>10:00 Walking Club</del> 12:30 Pinochle</p>	<p>23</p> <p>8:30 Pool 9:00 Exercise w/ Ann 9:30 Crafts &amp; Conversation 10:15 Exercise w/ Ann 12:30 Dartball <b>1:30 Digital Literacy</b></p>
<p>28</p> <p>9:00 Exercise w/ Ann <b>9:30 Digital Literacy</b> 10:15 Exercise w/ Ann 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 4:00 Double Pinochle</p>	<p>29</p> <p>8:30 Pool 8:30 Wood Carvers <b>9:00 Fit &amp; Strong</b> 10:00 Walking Club 12:30 Pinochle</p>	<p>30</p>  <p>8:30 Pool 9:00 Exercise w/ Ann <b>9:30 Crafts &amp; Conversation</b> 10:15 Exercise w/ Ann 12:30 Dartball <b>1:30 Digital Literacy</b></p>

<p>3</p> <p>8:30 Wood Carvers <b>9:00 Fit &amp; Strong</b> 9:30 BINGO 10:00 Walking Club 12:30 Hand &amp; Foot 1:00 Miller Melodies 6:00 Lapidary <i>*Line Dance Lessons see pg. 7</i></p> 	<p>4</p> <p>8:30 Pool 9:00 Exercise w/ Ann 9:00 Quilting Group 10:15 Exercise w/ Ann 12:30 Euchre <b>POPCORN FRIDAY</b></p> 	<p>5</p>  <p><b>Line Dance &amp; Euchre Party</b></p> <p>6</p>
<p>10</p> <p>8:30 Wood Carvers <b>9:00 Fit &amp; Strong</b> 9:30 BINGO 10:00 Walking Club 12:30 Hand &amp; Foot 1:00 Miller Melodies 6:00 Lapidary <b>7:00 Square Dance</b> <i>*Line Dance Lessons see pg. 7</i></p> 	<p>11</p> <p>8:30 Pool 9:00 Exercise w/ Ann 9:00 Quilting Group 10:15 Exercise w/ Ann 12:30 Euchre <b>POPCORN FRIDAY</b></p> 	<p>12</p> <p>13</p>
<p>17</p> <p>8:30 Wood Carvers <b>9:00 Fit &amp; Strong</b> 9:30 BINGO 10:00 Walking Club 12:30 Hand &amp; Foot 1:00 Miller Melodies 6:00 Lapidary <i>*Line Dance Lessons see pg. 7</i></p>	<p>18</p> <p>8:30 Pool 9:00 Exercise w/ Ann 9:00 Quilting Group 10:15 Exercise w/ Ann 12:30 Euchre <b>POPCORN FRIDAY</b></p> 	<p>19</p>  <p>20</p>
<p>24</p> <p>8:30 Wood Carvers <b>9:00 Fit &amp; Strong</b> 9:30 BINGO 10:00 Walking Club 12:30 Hand &amp; Foot 1:00 Miller Melodies 6:00 Lapidary <b>7:00 Square Dance</b> <i>*Line Dance Lessons see pg. 7</i></p> 	<p>25</p> <p>8:30 Pool 9:00 Exercise w/ Ann 9:00 Quilting Group <b>10:00 Rockin w/ Ruby</b> 12:30 Euchre <b>POPCORN FRIDAY</b></p> 	<p>26</p> <p>27</p> 
<p>31</p> <p>8:30 Wood Carvers <b>9:00 Fit &amp; Strong</b> <b>9:30 Breakfast BINGO</b> 10:00 Walking Club 12:30 Hand &amp; Foot 1:00 Miller Melodies 6:00 Lapidary <i>*Line Dance Lessons see pg. 7</i></p>		