

RENT The Miller Center



McNaughton Lounge

We have 3 rooms available for rentals with many amenities, including kitchen access. Miller Center has ample parking and is wheelchair accessible. Call or go online for the contract. www.pekinparkdistrict.org/rentals

- BIRTHDAY PARTIES
- LUNCHEONS
- FAMILY GATHERINGS
- WEDDINGS
- BRIDAL SHOWERS
- MEETINGS



Rooms A & B

Reflections, the Miller Center newsletter is proudly sponsored by:



551 S. 14th St. Pekin

www.facebook.com/pekinmillercenter

309-346-5210

Reflections... JANUARY 2025



BEST
of
2024

GOALS
2025

- LAUGH
- Try something new
- Introduce a friend to Miller Center
- Meet someone new
- Try a new restaurant
- Connect with an old friend



Line Dance Lessons
Line Dance Parties



Golden Tours Trips
5 trips = over 200 people



Thrift Store Trips
7 trips = 79 shoppers



Solar Eclipse Party
April 8, 2024



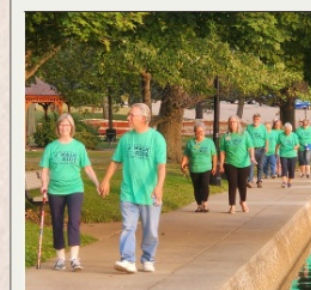
Power of Age Expo
12 events = 642 people



Pekin Farmers Market
4th year = Record Year!



Digital Literacy Classes
with YWCA



Walk for a Ride
Raised over \$20,000



A "Hole" lot of Fun
Mini Golf Tournament



Halloween Party and
Family Feud



Friendsgiving and
Thanksgiving Jeopardy



Quilt Ladies Christmas

www.pekinparkdistrict.org/facilities/miller-center/

facebook.com/pekinmillercenter

pekinparkmillercenter@gmail.com

MILLER CENTER - 309-346-5210 - 551 S. 14TH ST - PEKIN, IL. 61554

1 MILLER CENTER MAJOR SPONSORS

- 50 + News & View
- BrightStar Care
- Busey Bank
- Charter Senior Living
- CEFCU
- Sarff Insurance
- Farmington Village
- Golden Tours
- Health Alliace
- ICPR
- John 3:16
- Liberty Village of Pekin, Pekin Manor & Pekin Estates
- OSF Healthcare
- Preston-Hanley Funeral Home
- Springfield Clinic
- United Way of Pekin
- Villas of Holly Brook Pekin

Miller Center engages adults 50+ in active life through active living!

Drop by the center to meet with friends and make new ones! Feel active and youthful when participating in the various activities and events offered here. There is always a friendly face to greet you as you enter. Once inside, join friends for a class or one of many games; express yourself through woodcarving and crafts; maintain a healthy body, mind and spirit through exercise classes; or hop on the Miller Center bus for an adventurous day trip.

At the Miller Center you will ENJOY YOUR AGE!

Miller Center Senior Transportation Service

Monday - Friday * 8:00 - 4:00 * 309.346.5210

- Doctor Appointments
- Banks
- Hair Appointments
- Grocery Stores
- Miller Center
- and more!



Miller Center Transportation is partially funded by The United Way of Pekin.

NEW DAY SENIOR SERVICES

Center for Youth & Family Solutions offers an outreach program called **New Day Senior Services** to help identify available services and resources for you.

Services are free and available to those 60 years and older.

Some information they can provide is: **Benefit Access Applications, Home Delivered Meals, Legal Services, In-Home Counseling & MORE!**

Call Megan at 309-323-6568 to schedule an appointment. She will be at Miller Center on the 2nd Mondays at noon.



Do you have **PAIN** or **STIFFNESS** in your lower body?

JOIN Fit & Strong!

STARTS JANUARY 7TH

BENEFITS TO YOU

FIT & STRONG! will help you:

- Manage arthritis
- Exercise safely
- Decrease joint pain & stiffness
- Improve daily function
- Reduce anxiety & depression
- Develop & maintain an active lifestyle

The Miller Center

551 S. 14th St., Pekin, IL 61554

Tuesdays & Thursdays

9:00a - 10:30a

To Register Call (309) 346-5210

QUESTIONS CALL:

Amanda @ 309.929.0254



Miller Center Merchandise

Order Today



Short Sleeve - \$20

Long Sleeve - \$24

Hooded Sweatshirt - \$30

Enjoy Your Age! on the front and Miller Center logo on the back

GET CREATIVE AT MILLER CENTER!

We have a variety of opportunities to be creative! Drop in and check them out!

WOODCARVERS



Tuesdays & Thursdays
8:30 AM
Activity fee: \$3

Crafts & Conversation



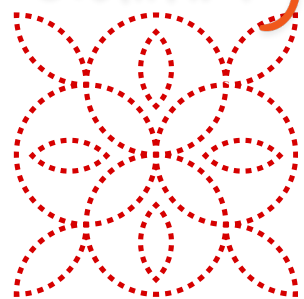
Wednesdays
9:30 AM
Activity fee: \$3

LAPIDARY



Thursdays
6:00 PM
Activity fee: \$4

Quilting



Fridays
9:00 AM
Activity fee: \$3

Save the Date

Keeping Connected with Jackie
February 20th - 10:00 AM

RSVP - Space is limited!

SPECIAL EVENTS

Power of Age Expo 2025 monthly lunch and learn series.

The Power of Age Expo 2025

CHANGING THE CONVERSATION ON AGING
HOT TOPICS • LOCAL VENDORS • FREE LUNCH
MONTHLY LUNCH AND LEARN EXPO

The doors open at 10:30am. Lunch is served while you listen to the speaker and there is time to check out the vendors and ask questions.

We require advance registration as seating is limited.
Call or stop by to register!

NEXT EXPO
January 28th

Understanding Alzheimer's and Dementia

Presented by:
Alzheimer's Association

Lunch is sponsored by:

 *Liberty Village of Pekin*

DIGITAL LITERACY

The 2025 schedule will be out soon!

AARP SMART DRIVER SAFETY COURSE

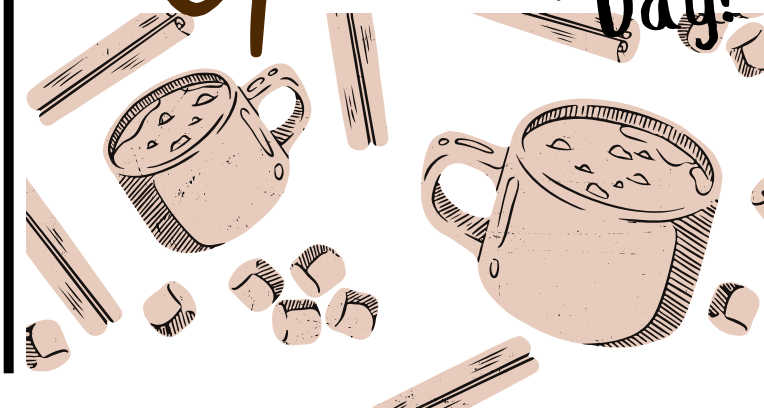
February 3rd & 4th
8:30 AM - 12:30 PM

REGISTER TODAY!

2 day course, must attend both days

Swing in to the Miller Center
Friday January 31st

National **Hot Chocolate Day!**



HERE'S WHAT'S HAPPENING



Golden Tours and Miller Center have partnered for 5 Ultimate Daytrips! These trips leave from Miller Center with a fun 'send-off' each time!

If you have questions regarding the trips or would like to make reservations please call Tracy Ann Drill @ 309-369-3171.

2025 GOLDEN TOURS LAUNCH PARTY



FRIDAY, FEBRUARY 28 AT 1PM

Come find out the 2025 Golden Tours Ultimate Day Trips including the 5 trips that leave from Miller Center. Join us for a fun afternoon Fiesta Style!

~Please RSVP at Miller Center~

Paint Day

with



Canvas Connections
Painting Parties



Come paint with us! Teresa will be here to guide us to create our very own masterpiece! She is there to help every step of the way.

Advanced registration with payment is required.

January 17th 1:00 PM Activity fee: \$25

GAMES & FUN *Drop in for games and fun throughout the week!*

CARD GROUPS

ACTIVITY FEE: \$3

DOUBLE PINOCHLE

Mondays @ 4:00

HAND & FOOT

Thursdays @ 12:30



PINOCHLE

Tuesdays @ 12:30

EUCHRE

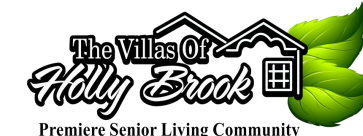
Fridays @ 12:30



GAME DAY

Join us in an EASY card game of 1500!

Mondays @ 12:30
Activity Fee: \$3



Popcorn Fridays! Come in for a bag of fresh popcorn!

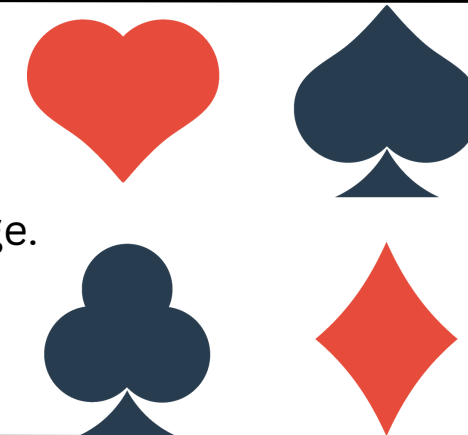
Monthly Euchre Party January 4

Come play cards in the cozy McNaughton Lounge.

Admission is \$3 per person

7:00 PM - 10:00 PM

Popcorn, coffee & tea provided



Thursday Bingo

Every Thursday
9:30 AM

3 cards for \$3
5 cards for \$4



Don Sarff
Sales Representative
(309) 713-5359



Cindy Womack
Medicare Representative
309.435.9284

Breakfast BINGO

\$5

Fruit, donuts, coffee, tea and 5 bingo cards

Tuesday, January 14
Thursday January 30
9:00 Breakfast 9:30 BINGO



Enhancing the Human Spirit

Please register in advance at Miller Center



MOVE! *Get fit on any level!*

Exercise w/ Ann

Mon, Wed & Fri 9:00 & 10:15

This is a low impact, chair exercise class led by Ann. Ann plans different activities for each class to get you moving- sometimes she has games or a guest. Not only will you exercise, you'll make friends and have fun too!

Rockin' with Ruby!

This class is so much fun! Ruby leads chair dancing - or you can get up and dance- with some great music. Requests taken - Singing Encouraged!



January 17
10:00 AM
No Exercise with Ann at 10:15
Activity fee: \$3

Line Dance

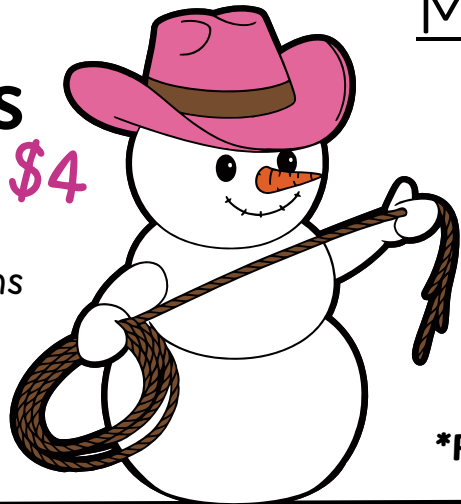
LESSONS

MONTHLY PARTIES

THURSDAYS

12:30 Learn the Steps **\$4**
1:00 Beginner Lessons
2:00 High Beginners Lessons

Come for one class and stay for them all!



January 4

Come practice the dances you learned in class, or put in a request on the first Saturdays of the month!

***Admission is \$7 per person**
***7:00 PM - 10:00 PM**
***Popcorn, coffee & tea provided**

SPECIAL OFFER

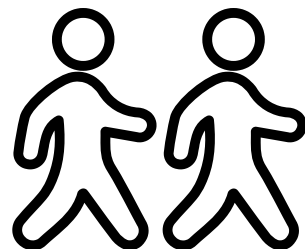


Walking Club



Now only **\$15** for the next 6 months

TUESDAYS & THURSDAYS
10:00 AM



AT THE MILLER CENTER

Square Dancing

Hosted by: Heart of Illinois Bachelor & Bachelorettes Club

Square Dances

2nd & 4th Thursdays of the month
January 9th & 23rd 7:00 PM

Square Dance Lessons

begins Sunday March 2nd for 12 weeks* from 2:00 - 4:00 PM
\$5/person per class

**must attend consistently as each class builds on the last*



Reminder

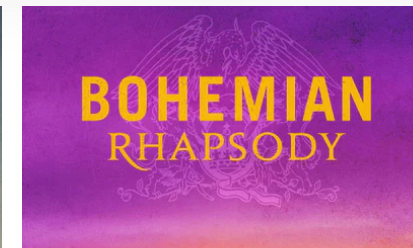
Miller Center is closed for weather when Peikin District 108 closes. Check WMBD, WEEK, WHOI and MC Facebook Page for information on closing.



NOW SHOWING



January 10th



January 21st

SHOWTIME: 1:00 PM
ADMISSION: \$3

MILLER MELODIES IS BACK!



New day and time!
Wednesdays
1:30 \$2/person

Monday

Tuesday

Wednesday

Thursday

Friday

Sat/Sun



1st *Happy New Year* 2025
Miller Center
CLOSED

6
 9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 4:00 Double Pinochle

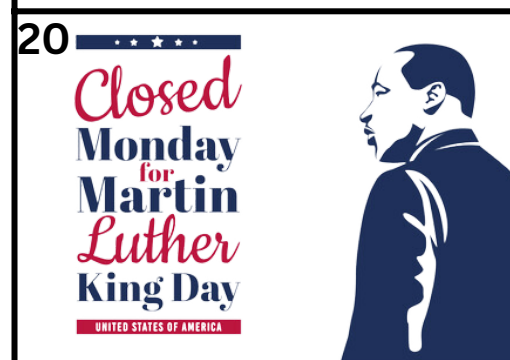
7
 8:30 Pool / Billiards
 8:30 Wood Carvers
9:00 Fit & Strong
 10:00 Walking Club
 12:30 Pinochle

8
 8:30 Pool / Billiards
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
 12:30 Dartball
 1:30 Miller Melodies
2:00 Alzheimer Support Group

13
 9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
12:00 New Day Senior Services
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 4:00 Double Pinochle

14
 8:30 Pool / Billiards
 8:30 Wood Carvers
9:00 Breakfast BINGO
9:00 Fit & Strong
 10:00 Walking Club
 12:30 Pinochle

15
 8:30 Pool / Billiards
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
 12:30 Dartball
 1:30 Miller Melodies
1:30 Book Club
7:00 Bottle Collectors



21
 8:30 Pool / Billiards
 8:30 Wood Carvers
9:00 Fit & Strong
 10:00 Walking Club
 12:30 Pinochle
1:00 Movie

22
 8:30 Pool / Billiards
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
 12:30 Dartball
 1:30 Miller Melodies

27
 9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 4:00 Double Pinochle

28 **Power of Age Expo**
 8:30 Pool / Billiards
 8:30 Wood Carvers
~~9:00 Fit & Strong~~
~~10:00 Walking Club~~
 12:30 Pinochle

29
 8:30 Pool / Billiards
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
 12:30 Dartball
 1:30 Miller Melodies
National Puzzle Day

2
 8:30 Wood Carvers
 9:30 BINGO
 10:00 Walking Club
 12:30 Hand & Foot
 12:30 Beginning Steps
 1:00 Line Dance Lessons
 6:00 Lapidary

9
 8:30 Wood Carvers
9:00 Fit & Strong
 9:30 BINGO
 10:00 Walking Club
 12:30 Hand & Foot
 12:30 Beginning Steps
 1:00 Line Dance Lessons
 6:00 Lapidary
7:00 Square Dance

16
 8:30 Wood Carvers
9:00 Fit & Strong
 9:30 BINGO
 10:00 Walking Club
 12:30 Hand & Foot
 12:30 Beginning Steps
 1:00 Line Dance Lessons
 6:00 Lapidary

23
 8:30 Wood Carvers
9:00 Fit & Strong
 9:30 BINGO
 10:00 Walking Club
 12:30 Hand & Foot
 12:30 Beginning Steps
 1:00 Line Dance Lessons
 6:00 Lapidary
7:00 Square Dance

30
 8:30 Wood Carvers
9:00 Fit & Strong
9:00 Breakfast BINGO
 10:00 Walking Club
 12:30 Hand & Foot
 12:30 Beginning Steps
 1:00 Line Dance Lessons
 6:00 Lapidary

3
 8:30 Pool / Billiards
 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
POPCORN FRIDAY

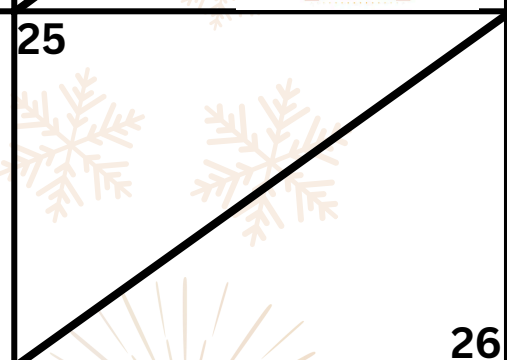
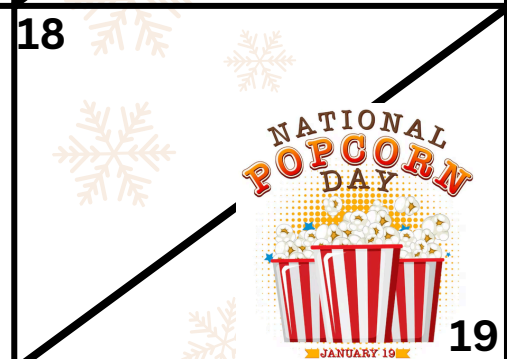
10
 8:30 Pool / Billiards
 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
1:00 Movie
POPCORN FRIDAY

17
 8:30 Pool / Billiards
 9:00 Exercise w/ Ann
 9:00 Quilting Group
10:00 Rockin' with Ruby
 12:30 Euchre
1:00 Paint Day
POPCORN FRIDAY

24
 8:30 Pool / Billiards
 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
POPCORN FRIDAY

31 **National Hot Chocolate Day!**
 8:30 Pool / Billiards
 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
POPCORN FRIDAY

4 **LINE DANCE & EUCHRE PARTY!!!**
7:00 PM



New year —
 a new chapter,
 new verse, or just the
 same old story?
 Ultimately we
 write it. The choice
 is ours.
 ALEX MORRITT